

Subject: Coming to Canada: Groceries, Furniture and Clothing

As you settle into North Bay and Parry Sound, here's what to expect from local stores:

Groceries: In Canada, grocery shopping is typically done in large supermarkets like Independent, Walmart, Metro, FreshCo, and No Frills. These stores offer a wide range of products, from fresh produce to household essentials. Most grocery stores have an additional diverse aisle with some items you may recognize from home. Unlike small daily markets you might be used to, you'll likely do a big weekly shop. Opened seasonally, don't miss our farmer's markets in North Bay and Parry Sound for fresh, local produce and artisanal goods.

Restaurants: Canadian dining includes a mix of local and international cuisine. North Bay and Parry Sound have many restaurants where you can dine in or outside on a deck - often on the lake or river. Dining out is a chance to experience the region's diverse food culture, from classic Canadian dishes to global flavors.

Furniture: Shopping for furniture often means browsing large stores or online platforms including like Kijiji and Marketplace for second-hand options, which can be a great way to find unique pieces.

Clothing: Shopping is usually done in the mall or online. Many larger stores provide everything from everyday wear to winter gear. Local boutiques are also great for finding unique fashion items.

For more detailed information, visit <https://www.tourismnorthbay.com/> or <https://www.parrysoundtourism.com/>

Still have questions? **Don't miss our virtual information sessions and pre-departure orientation on December 5. Register by clicking [here!](#)**

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From your friendly Canadore International Department